☑ Bull Diagonal Spread Trader's Checklist

1. Stock Screening and Setup Qualification

Criteria	Details	Check
Historical Volatility Trend	Is HV rising over the past 30–60 days? Favor setups with increasing movement potential.	
Implied Volatility Rank (IVR)	Is IVR above 50%? Prefer high IV for juicier short leg premiums.	
Earnings Date Check	Are you at least 1 week away from earnings? (Unless earnings strategy is intentional.)	
SMA Trend Confirmation	20/50/200 SMA in alignment for trend direction: Bull: 20 > 50 > 200	
Price Action Confirmation	Recent higher highs/higher lows for bull.	
Liquidity Scan	Are daily volume & open interest > 500 contracts near your target strikes?	
Bid-Ask Spread	Is the spread \leq \$0.10 or \leq 5% of option price? Wider spreads increase slippage.	

2. Diagonal Spread Construction

Criteria	Details	Check
Long Leg (60–120 DTE)	Select ITM Put with ~0.70–0.85 Delta for directional bias.	
Short Leg (7–30 DTE)	Choose ATM Put to match directional thesis and collect theta decay.	
Strike Distance	Is the short strike reasonably distanced from the long to avoid early assignment?	

Criteria	Details	Check
Net Debit and Budget	Risk Is total debit and max loss within acceptable campaign limits?	
🔁 3. Trade Ma	nnagement Precheck	
Criteria	Details	Check
IV Structure	Is the short leg's IV > long leg's IV? This favors decay and edge.	
Rollability	Are you choosing a short leg expiration that provides multiple roll opportunities (e.g., weeklys)?	
Exit Plan	Do you have a profit target, stop-loss level, and time-based exit condition?	
Adjustment Plan	Have you pre-identified how/when you'll roll the short or close the position entirely?	

Final Output

- Label the stock as:
 - Bullish Diagonal
- Save to your watchlist or initiate campaign tracking in your **Trade Journal**.